

SMITH

SPA MENU

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[before 11:00am]

Fresh Pressed Juices

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Rhymes with orange:

orange, cantaloupe, mango, carrot, ginger 9

Morning greens:

kale, apple, cucumber, celery, lemon, pear 9

Ruby red:

grapefruit, strawberry, beet, cherry, carrot 9

Everything Else

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daily muffin 4 / fruit salad 5

butter toasted cinnamon bun 6

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[after 11:00am]

Snacks

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Hummus: lemon & garlic chick pea,
harissa & pita 10

SMITH salad: wild arugula, green apple, beets,
almond and feta, orange miso dressing 14 / half 8

Iceberg salad: grape tomato, bacon, blue cheese,
avocado, 1000 island dressing 14 / half 8

Pounded cheese: creamy spread of old Bothwell
Cheddar, cider gastrique, griddled sourdough 11

Canadian cheese: [3 or 5] 23, 34

Dessert

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Chocolate paté:

dark chocolate ganache, caramel crumble 6

Crème brûlée:

sugar crusted vanilla bean custard, biscotti 8